



**Child Management**

**Associates**

8831 S. Redwood Rd.

Suite D1

West Jordan, UT 84088

# REMINDERS

- **Update Schedules and Meal Times for Summer:** Summer is here! Please be sure to call/email the office or call/text your monitor if you are changing your meal times for the summer. Also, please let us know if a child's schedule has changed for the summer so you can get paid for the meals they are attending.
- **Closing out:** Please make sure you are contacting us if you are going to be closed or leaving the house during a meal time or if you are going to be closed for vacation. You can call/email the office or call/text your monitor if you need to close out. If you DO NOT call to close and your monitor comes to your home to do a Review, it will be considered a Not Home and you will receive a Corrective Action.
- **Field Trip Meals:** If you plan to take field trips with your kids this summer and you are going to have a meal while away from your home, please make sure you are getting the food you will serve at the meal approved. You must submit the **Field Trip Food Service Documentation form** that can be found on our website, to the Director **48 hours** before the field trip. Debbie has to approve the meal and make sure it is creditable before you can claim a field trip meal.
- **Emails from Child Care Licensing:** Please check your email regularly! All providers, including Relative Care may receive emails from Child Care Licensing. **Please DO NOT disregard these emails. You need to be reading emails from Child Care Licensing.** If you receive an email from Child Care Licensing and you are confused with what you need to do, please call our office and we would be happy to help you understand what Child Care Licensing is missing from you.

## CMA Office Hours

The office is open  
Monday– Thursday  
9:00 AM– 4:30 PM.

## Claim Due Dates

Please remember you have until the 5th business day at 9:00 AM turn your claim in on time.

June	Fri. July 8	Aug 20
July	Fri. Aug 5	Sept 20
Aug	Thurs. Sept 8	Oct 20

## RENEWALS

Remember to be on the look out for your renewals that come in the mail. Turning these in on time will keep your claim from being put on hold.

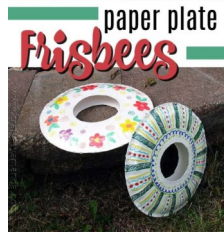
- **Income Eligibility Form**
- **License/Relative Cert**
- **CPR and 1st Aid**

# HAPPY FATHER'S DAY



## Materials:

- Paper Plates
- Markers
- Clear Shipping Tape



## Directions:

1. Place two plates right side up, as if you were going to put food on them. Cover this side with clear shipping tape, allowing the excess tape to overlap, but do not fold it over. Use the scissors to cut off the excess tape around the edges of the plates.
2. Turn both of the plates upside down and use markers or crayons to decorate these sides.
3. Place both plates together so that the decorated sides are facing out. Holding the plates together, cut a circle out of the center of each plate.
4. Place both plates, decorated side facing up, onto the work surface. Using the clear shipping tape, cover the decorated side, overlapping the center circle. Fold the edges through the center circle and trim the edges of the outside of the plate.
5. Place the two plates together, decorative side facing outward, and tape all of the edges together and enjoy!

## Yogurt and Cereal Reminders

### Yogurt

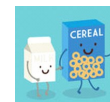
- Commercial Yogurt/Soy Yogurt products may be served. Yogurts that meet the CACFP sugar guidelines are Activia, Yoplait, or Chobani, plain, vanilla or fruit.
- **Non Creditable Yogurt products are:** Frozen Yogurt, Drinkable Yogurt, Homemade Yogurt, Yogurt flavored Products, Yogurt Bars, Yogurt Covered Fruit and Nut
- Yogurt served in the Child and Adult Care Food Program (CACFP) must **NOT have more than 23 grams of sugar per 6 ounces.**

Yogurt Sugar Limits

Serving Size	Sugar Limits
2.25 Ounces	0-8 grams
3.5 ounces	0-13 grams
4 ounces	0-15 grams
5.3 ounces	0-20 grams
6 ounces	0-23 grams
8 ounces	0-30 grams

### Cereals

- Cereals can contain no more than **6 grams of sugar per dry ounce**. Some examples that meet the CACFP guidelines are: Cheerios, Frosted Shredded Wheat, Rice Krispies (Plain), Cream of Wheat- 10 Min, and Quaker Oates-Quick 1 Min.



## Under the Sea Goldfish



## Fruit Palm Trees



## Silly Summer Snack Ideas

**Materials:** Large Rice Cakes, Blueberry Yogurt, Blue Food Coloring, Goldfish Crackers

Pour Blueberry Yogurt in a bowl. Add a VERY small dab of blue food coloring. Mix until well incorporated and the desired color is achieved. Spoon yogurt onto the top of a rice cake and spread evenly to resemble an ocean. Lay goldfish crackers on top of the yogurt mixture. Enjoy!

**Materials:** Bananas, Kiwis, Mandarin Oranges

First, peel and cut your bananas into slices and arrange them on a plate in the shape of a palm tree trunk. Second, peel the kiwis. Next, slice them into wedges lengthwise to create the palm leaves. Place the palm leaves above the banana tree trunk. Last, peel the mandarin oranges and arrange the wedges to make a beach. Enjoy this fruity, summery snack!